B R I D A L P R E P P R O G R A M

BIG DAY GLOW

A carefully curated treatment journey designed to prepare your skin for one of life's most photographed moments. Combining enzyme therapy, collagen stimulation, hydration and facial sculpting - designed to leave your skin radiant, lifted and glowing.

YOUR TREATMENT JOURNEY

#	TREATMENT	BRIDAL BENEFIT
01	DMK Enzyme Therapy Level 1	Begin your bridal skin journey by improving circulation, oxygenation and lymphatic drainage. This treatment helps remove cellular waste, restore optimal skin function and create the perfect foundation for healthy, radiant skin.

#	TREATMENT	BRIDAL BENEFIT
02	Advanced Skin Needling	Stimulate collagen production, improve skin texture and refine pores for smoother, brighter skin that photographs beautifully.
03	LED Light Therapy	Supports healing and recovery following needling while encouraging healthy collagen production and reducing inflammation.
04	DMK Enzyme Therapy Level 3	Continue improving circulation, oxygenation and detoxification while supporting firmer, healthier skin and enhanced skin function.
05	PLUMP Treatment	Deep hydration therapy designed to increase skin fullness, luminosity and glow. This session is also your wedding day trial — we assess exactly how your skin responds to ensure a perfect pre-wedding result.
06	Advanced Skin Needling	A second collagen-stimulating treatment to further improve skin quality, firmness and overall bridal radiance.
07	B2 Mask Treatment	Intensive hydration and barrier support to soothe, strengthen and replenish the skin while maintaining a healthy glow.
08	Glow Up Facial	Designed to boost brightness, hydration and luminosity as your wedding day approaches, leaving your complexion fresh and photo-ready.
09	DMK Pro Lift	Think of this as a workout for your face. DMK's signature Muscle Banding treatment strengthens facial muscles, improves circulation and supports a firmer, more defined appearance — ideal for brides wanting a naturally lifted look.
10	PLUMP Treatment	Your final pre-wedding treatment. Maximise hydration, luminosity and skin fullness — leaving your complexion fresh, glowing and perfectly prepared for makeup and your big day.

RECOMMENDED TIMELINE

WHEN	TREATMENT
16 Weeks Before Wedding	DMK Enzyme Therapy Level 1
14 Weeks Before Wedding	Advanced Skin Needling + LED Light Therapy
10 Weeks Before Wedding	DMK Enzyme Therapy Level 3
9 Weeks Before Wedding	PLUMP Treatment — Wedding Day Trial
6 Weeks Before Wedding	Advanced Skin Needling + B2 Mask Treatment
3 Weeks Before Wedding	Glow Up Facial
2 Weeks Before Wedding	DMK Pro Lift
3–5 Days Before Wedding	Final PLUMP Treatment

YOUR BIG DAY GLOW

— Radiant, healthy-looking skin
— Improved hydration and luminosity
— Smoother texture and refined pores
— Firmer, more sculpted facial contours
— Makeup-ready skin that photographs beautifully

Your skin, at its most radiant , ready for your big day.